

THE BRIDGE

April 2024



Issue No 311

60p

The Benefice of Lostwithiel Parishes

Services for April 2024



Sunday, 7

Boconnoc	Matins	11.00am
Bradoc	Choral Evensong	6.00pm
St Bartholomew	Family Eucharist	11.00am
St Brevita, Lanlivery	Morning Prayer	9.30am
St Veep	Holy communion (BCP)	9.30am
St Winnow	Parish Eucharist	11.00am

Sunday, 14

Boconnoc	Matins	11.00am
Bradoc	Eucharist	11.15am
St Bartholomew	Eucharist	11.00am
St Brevita, Lanlivery	Eucharist	9.30am
St Veep	To the benefice	
St Winnow	To the benefice	11.00am

Sunday, 21

Boconnoc	Holy Communion (BCP)	9.30am
Bradoc	Choral Evensong	6.00pm
St Bartholomew	Morning Prayer	11.00am
St Brevita, Lanlivery	Morning Prayer	9.30am
St Veep	Family Service	11.00am
St Winnow	Family Service	11.00am

Saturday, 27

Church Rooms	Messy Church	4.00pm
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Sunday, 28

Boconnoc	Matins	11.00am
Bradoc	Eucharist	11.15am
St Bartholomew	Eucharist	11.00am
St Brevita, Lanlivery	Eucharist	9.30am
St Veep	To the benefice	
St Winnow	Evensong	5.00pm

Regular Services:

Wednesdays - St Brevita - Evening Prayer at 4.00pm

Thursdays - St Bartholomew - Celtic Eucharist at 10.00am

From the Registers

RIP We pray for God's love and peace on

Fr Michael Geach – William Howard Alastair Ferry

Year's mind for April:

Alan Read – Bryan Morse – Reginald Henry Millichamp – Harold Kingsley Nichols –
Bess Ann Doe – Christopher Henry Hawken – Patrick Tucker – Marsali Meredith Wood –
Val Jones – Jean Mary Linfoot – Dennis Hutchings – Albert Ivan Parsons –
Alison Roselle Ginty – Diana Hilda Reed – John Batchelor – Derek Knott – Vera Parsons –
John Hempell – Bryan Underwood – Phyllis Baker – Muriel Hopper – Ronald Newberry

Lostwithiel Methodist Church Preachers and Activities

April

Our website is lostwithielmethodist.co.uk

Rooms are available for a donation

Worship commences at 11am.

A note on Cafe Church.

This is very informal worship. It includes songs/hymns, prayers, readings, sketches and videos plus a chance to talk and laugh. No sermon. Families, children and young people are very welcome.

7th April Café Church

14th April Café Church

21st April Mrs B. Whell

28th April Café Church

Coffee Morning 25th April, 10.30 -12

Coffee is free, but donations to GO Beyond would be welcomed

Donations for Foodbank may be brought anytime the church is open.

**Deadline for May 2024 edition of The Bridge is
10th April 2024.**

**Articles are welcome, preferably as a WORD document;
please email: thebridge3@hotmail.co.uk.**

For advertising please email: paul@weatherhogg.com.

From the Rector

I read recently that the second Sunday of Easter is most likely to be the one Sunday in the year that most people would 'take off' if they were going to skip church! After the excitement of Easter Day, wonderful music, fabulous, themed preaching, and people dressed up in their Easter finery, the second Sunday of Easter is one of exhausted clergy, hoarse choirs, and diminished attendance!

To overcome this 'low' point in the Easter season, I read about one church that introduced this Sunday as 'Holy Humour Sunday', or 'Hilarity Sunday'! They did all sorts of humorous things with the liturgy to raise the energy levels and get people laughing! I thought the same as you – 'it wouldn't do to laugh in church – we can't be doing with that – it wouldn't be right!'

But then I read that Holy Humour or Hilarity Sunday was first introduced in the 1200's! I know we've not got much to smile about these days, but surely, they can't be that bad?! So, I wonder if coming to church on Hilarity Sunday dressed in outlandish clothes or silly hats might catch on? Or telling even worse jokes than I usually do?! Perhaps we can make an extra effort to make someone laugh, cheer someone up, or spread some cheer around!

Here's a prayer to help us on our way:

Imaginative God,
you smiled and the sun burst through the shadows of chaos;
you laughed,
and all that is good and beautiful was given shape by you;
you chuckled,
and the platypus splashed in creation's fountain!

Laughing Jesus,
snickering at the feeble attempts of the evil One,
you showed us how to resist temptation;
giggling at sin's desperate desire to hold onto us,
you released us by your love;
howling with laughter at death's foolish belief
that the tomb could hold you,

Spirit of Easter,
as you fill us with us with new life,
may we delight in sharing it with others;
as you tell us the good news
which can never be taken from us,
may we rejoice in offering it to the broken, the sad, the lonely;
as you tickle us with grace,
may we give it away with laughter on our lips,
and joy in our hearts.

God in community, Holy and One,
our hearts overflow with wonder
as we ponder all that you have done for us.

Your friend, Revd. Paul

LOSTWITHIEL EDUCATIONAL TRUST

Are you under 25 years of age and do you live within the parishes of Lostwithiel or St Winnow? Then you may be eligible for a grant from the above Trust to help further your interests or develop your skills.

We have, in the past, contributed towards:- various large scale projects within the town (e.g. skate park, play areas), small groups such as guides/junior band and have provided grants for individuals where the applicant shows promise and interest in a particular area e.g. music, dance, sport etc. We have also allocated grants to the schools for provision of equipment and other educational facilities which benefit the children in the town.

Each application is discussed by the Trustees as to whether it falls within our remit as specified by the Charity Commission and a decision is made at meetings. Applications may be made at any time during the year through either of the contacts given below. A brief outline of what the grant would be for and the amount needed would be helpful, but after contact, should further information be required this would be requested before a decision was made.

*Application for grants, with as much information as possible,
should be sent by email to:-*

_coffabridge3@yahoo.co.uk or by mail to

*Lostwithiel Educational Trust, c/o Church Administration Office,
St Bartholomew's Church, Church Lane, Lostwithiel, PL22 0EG*

St Bartholomew's News April 2024

Well into Spring now and at last we can get out into the garden, though now the knees and backs are complaining. As I write this I am hoping that all the traffic problems are sorted as Lostwithiel residents put up with a lot of confusion and mess around the streets in March. We are resilient and we coped. There is so much worse going on in the world and at least we have a roof over our heads and food and water, which is lacking in war torn countries. The Church has been asking for donations for a Shelterbox 'A Tent for Lent', as we have done in the past, which seems little enough, but every little helps!

The Celtic Eucharist is held every Thursday morning at 10.00 and is for those who wish to attend a quiet and contemplative service, with no hymns. The first in the month is for health and wholeness, so please come along if you feel anxious or troubled.

The first Sunday is as usual, the Family Eucharist, and we all await to find out what Revd. Sheila brings to her sermon.

Our second Sunday, 14th, is a Eucharist, the third, Sunday 21st, is Morning Prayer, and the fourth, 28th, a Eucharist.

On Sunday 7th we will be hosting the Duchy Opera for a concert in the Church at 7.00p.m. Please keep an eye out for posters with more details.

Our Annual Parochial Church Meeting – APCM – will be held on Thursday 11th where the reports are presented, for 2023. These reports will be available to read for all. The PCC is voted in and Churchwardens present themselves for election. Anyone is welcome to come and see how the Church is run.

The Spring Fayre is on Saturday 13th in the Church Rooms, from 11 – 2.00. We will be pleased to accept suitable donations for stalls and will put boxes at the back of the Church though it is not a jumble sale.

Messy Church will take place in the Church Rooms from 4 – 5.30 on Saturday 27th and all children are welcome. There are some bible stories, and craft work before a snack. Please bring your children along for some fun.

The Open the Book team is regularly acting out Bible stories in the schools and would like to welcome anybody who might be interested in helping. You will need to be DBS checked but this can be arranged with the Benefice Secretary. It is much appreciated in all the schools and good fun too. Contact the Churchwardens or Revd. Sheila for more information.

We hope to see you in Church soon.

April – The Resurrection in the Garden.

A reflection by Canon John.

The garden needs attention. I can't remember a wetter winter and spring. The ground has been sodden and the damp induced lethargy which kept me indoors until the middle of March surely can't just be down to old age.

So it was a relief to find on a convivial Friday evening in the Ship that I wasn't alone. But Easter at the end of this month is a good target for action so I'll plant and sow, rake and prune to become part of the annual resurrection in nature.

And now there is a deadline; the dynamic mothers from the Lerryn School Association committee have arranged a Lerryn centred Garden Safari for Sunday 9th June and several of us are taking part. The garden had better be tidy for that. But they have assured me that it isn't about perfection because people can go to Heligan or Lanhydrock gardens for that; here, apparently, it will be more about curiosity and sharing.

Viv and I can cope with that modest aspiration. We console ourselves that our garden by the river really belongs to the birds anyway. So the wild corners and tatty bits are designed for them. Our tame robin seems to be the head prefect of the ten or twelve species that share our spaces and he now peers in the French windows every morning at breakfast time and demands dried mealworms for himself, the blackbirds and dunnocks. He is of course obeyed. We know more about our feathered residents now because we have a new toy on our smart phones, (called 'smart' because they are smarter than us). It is an 'app' called Merlin and it records and analyses birdsong: who would have guessed there was an elusive nuthatch in the oak tree or a fugitive wren in the japonica? Good old Merlin.

Birds are so important. I wonder if children today know about them the way that we did in our childhood - Hampshire, where I grew up, boasted the most diverse landscape of any county in England. From the New Forest in the south to the chalk downs in the north, from the alluvial plains of the Southampton basin to the sandy soils of the Surrey borders. It was full of birds, and finding their nests was part of our springtime joy and boasting.

After close inspection we left them alone; 'ragging' nests and taking eggs was bad form. Sadly, it hadn't always been so. But the wonderment of a cosy hair-lined chaffinch nest or the mud lined architecture of the thrush never left me.

Apart from the random twiggery of the jackdaws and rooks, each one was perfect and each one a mystery; for how did they know about building so distinctive and proper a home for their young?

How on earth can we maintain a spirit of wonder and mystery in our lives without these minor miracles? Alleluia for the birds!

The Revd Canon Michael Geach RIP

The Revd Canon Michael Geach of Lostwithiel died on the 16th February 2024 at the age of 97. Michael served his entire ordained ministry of 70 years entirely in this diocese and in recent years, through the good offices of his son in law Patrick, he was able to be a regular attender at church services in the Benefice.

Michael was born in Falmouth in 1926, he was baptised at St Gluvias, Penryn. His parents owned a drapery shop in Penryn where they lived above the shop. Michael attended and later taught at Truro Cathedral School and Truro School. He obtained a B.A. from Queens College Cambridge, trained for the ministry at Westcott House, Cambridge and was ordained in 1953. Michael served as curate at Kenwyn, and then at Bodmin, before becoming Rector of St Dominic from 1959 to 1965. From 1965 to 1984 he was Vicar of Linkinhorne and then Rector of Veryan with Ruan Laniorne on the Roseland from August 1984 until his retirement to Truro in 1996.

Michael was deeply involved in many Cornish organisations and institutions. He had a passion for bell ringing and was a member of the Truro Diocesan Guild of Bellringers for over 50 years. To mark his 90th Birthday he and his family donated the ten new bell ropes at St Winnow. Michael was an active member and passionate supporter of the Friends of Truro Cathedral, and was proud to have visited every church in Cornwall. He was a past Chairman of Truro Old Cornwall Society and a member of the Royal Institution of Cornwall for many years. Every year, he attended the annual dinner of the Old Truronians and was one of their longest serving members.

He had a great interest and was an advocate of the work of the Cornwall Historic Churches Trust which combined his two great loves, churches and history. At his death, his home in Lostwithiel which he shared with his daughter Caroline and Patrick, contained in excess of 6,500 books and close on 30,000 postcards

He is survived by his daughters Caroline and Penny, whose husband Martyn gave the Tribute at Michael's Requiem Mass at St Bartholomew's on Thursday 14 March 2024. The service was taken by the Rector assisted by the Benefice clergy, and it was attended by the Dean of Truro, the Very Revd Simon Robinson.

Fittingly, Canon Michael's coffin was preceded by the Dean's Verger from the Cathedral.

CANCER RESEARCH UK LOSTWITHIEL BRANCH



A REMINDER AND CHANGE OF TIME

First a big thank you to our performers at our recent Musical Evening, to Celtic Voices, Victory Red and our Lost Chords Ukulele Band and to our many supporters we raised a magnificent £530 for the charity.

Our next event is the latest Andre Rieu concert “Happy Days are Here Again”
the 2022 Maastricht Summer Concert.

This will take place in the Church Rooms on Saturday April 6th
with a charge of £5 on the door.

The doors now open at 6.30pm for a 7.00pm start.

We will be providing a bar and we will be serving pasties, ordered on entering,
and cream teas along with teas and coffee in the intermission.

We look forward to seeing you at this ever popular event.

THE RED STORE, LERRYN COMMUNITY INTEREST COMPANY

Notice of Annual General Meeting

On Tuesday 16 April 2023 at 7.00pm in The Red Store

followed by drinks and nibbles.

**Please come along to support
and discover what the CIC means for our Community.**

Everyone is welcome.

LERRYN HISTORY SOCIETY



**Thursday 18th April 2024
at 7.00 pm in the RED STORE, LERRYN**

**‘The Reverend Densham – Rector of Warleggan 1931-1953’
– who for many years preached to an empty Church
by John Keast**

Everyone welcome, old members and new!

**Our Programme runs from May 2023 – April 2024
(new programme will be issued shortly)
Membership per year is £20**

We aim to have 6 speaker meetings from October to April and 3 outings throughout the summer months. All Speaker meetings are free to members, non members are welcome on payment of £5 per meeting

**For more details of Lerryn History Society visit
www.lerrynhistory.co.uk**

Whitecross and District Gardening Club

18th April

- "National Dahlia Collection"

talk by Louise Danks

Whitecross Village Hall Lanteglos, PL23 1NF

All welcome - £3.00 non-members

Deducted from Membership if you join

The 'Tasty Tea Team'

are holding a COFFEE MORNING

in aid of Young Lives v Cancer and children of Nepal

on Saturday 20th April

In the Church Rooms 10.00 – 12.00

Homemade cakes, savouries, tea, coffee,

bric a brac, books and raffle

We look forward to seeing you

Contact: Margaret D 872905 Chris 873356

LOSTWITHIEL BOWLS CLUB

RESTORMEL ROAD



TASTER DAYS

We are holding Taster Sessions on

Saturday, 20th April from 10am until 12 noon

and Sunday, 21st April from 2.00pm until 4.00pm

Flat shoes are all you need – bowls and guidance will be provided.

If you would like further information please phone

Penny 01208 873169 or email penny981@btinternet.com

Come and try this sport in our beautiful, peaceful surroundings!

LERRYIN FILM CLUB

OUR AGM AND NEXT SCREENING OF THE
SEASON WILL BE ON



THURSDAY 25TH APRIL 2024
IN THE LERRYIN MEMORIAL HALL

The AGM will start at 7.00pm
(Bring your own refreshments)

FOLLOWED AT 7.45 P.M.

BY THE FILM "HIT THE ROAD"

TO JOIN THE LERRYIN FILM CLUB OR TO COME AS A GUEST
PLEASE CONTACT SUE ON 01208 871513

FOSB talk

by Canon John Halkes –
"Dancing with the Bear"

When: Tuesday 30th April 2024,
7pm for a 7.30pm start

Where: Church Rooms, Church Lane,
Lostwithiel



In aid of The Friends of St Bartholomew's Church,
Canon John Halkes will be talking of his experiences flying the Vulcan during the
1960s and reflecting on the Cold War today.

Tickets cost £7.50 – **cash only** please – and are available from Watts Trading,
Ann's Gallery and Bellamama Deli.

Bring your own alcohol.

Tea/coffee and finger food will be available,
for which donations would be welcome.

Find out more about FOSB's work at

<https://www.lostwithiel.org.uk/about-the-town/friends-of-st-bartholomews/>

hKIPPERS are coming to Lerryn!

This multi-talented and multi-genre band is led by distinguished Oscar and Grammy-winning Stephen Warbeck, supported by actor Paul Bradley.

They have been known to perform in local folk festivals as well as at Ronnie Scott's and will be with us in the Memorial Hall on Friday 3rd May.

Doors open 18.30 for a 19.30 start.

Tickets £16 on the door, or in advance from Eventbrite

See you there!

Lerryn School Association (LSA)

Summer Garden Safari

9TH JUNE SAVE THE DATE

In continuation of our fundraising efforts for a second teacher at Lerryn School, we are excited to announce that this Summer we are holding a '**Garden Safari**'.

On **Sunday 9^h June**, some keen gardeners and supporters of our lovely village school (that live within a three mile radius), will be opening their gardens for members of the public to come along and admire or just visit and be nosy!

To take part, a map of where the gardens are situated must be purchased either from the village shop on Saturday 8th June or on the Village Green on Sunday 9th.

A map will cost £10 and cover entrance to all gardens for two people (children free). Refreshing drinks and delicious, homemade cakes will be served at some of these gardens.

Proceeds from these and the safari will contribute to securing our second teacher for the next academic year.

So, save the date for a wonderful afternoon out if you would like to see, for example, Josie's enchanting garden at Tregoose on the edge of Tivoli woods or Bernard's impressive pastures near St.Veep church - and a good few more in this very special community!

Jenna (jennagoodenough@icloud.com)



**A Lerryn based chauffeur business offering door to door
luxury transfers for:**

**Airports, Ferry ports, Rail stations
Bespoke day and extended tours.
Day & evening availability. Weddings.**

Contact Duncan Elliott 07970 - 117743

bookings@gt-transfers.com

www.gt-transfers.com

Acupuncture

at Lostwithiel Complementary Health Clinic,
Pleyber Christ Way PL22 0HA

Richard Lamb BSc LicAc BA

07769 253011

Email: richard@richard-lamb.co.uk

With 35 years experience

Effective for many physical and mental
health problems.

See British Acupuncture Council website
and also:

www.richard-lamb.co.uk



ANN'S GALLERY

**15 Fore Street, Lostwithiel
PL22 0BW**

Tel. 01208 872828

**St Justin and Miss Milly
range of jewellery**

**Jellycat, The Puppet Company,
Emma Ball, Cornish Pewter**

**A huge range of
Greetings Cards and Gifts.**

**Fantastic selection of Toys and Games
on our children's shelves**

**Open hours: Monday - Saturday
10.00 am—4.00 pm
Closed Sundays**

DIARY DATES

6th April Cancer Research Concert (Andre Rieu) see page 9

6th April Red Store A.G.M. see page 9

6th April Lerryn History Society talk "The Revd Densham" see page 9

18th April Whitecross Gardening Club talk on "Dahlias" see page 10

20th & 21st April Lostwithiel Bowls Club Taster Days see page 10

25th April Lerryn Film Club "A.G.M. and film "Hit the Road" see page 11

30th April FOSB talk by John Halkes "Dancing with the Bear" see page 11

3rd May hKIPPERS in Lerryn Memorial Hall see page 12

9th June Lerryn School Association Garden Safari see page 12

4th Thursday Friends Coffee Morning in April is

Thursday 25th in Lerryn Memorial Hall

Free coffee, tea and biscuits served from 10.30 – 11.45

This has become a popular event where visitors enjoy an opportunity to see old friends, meet neighbours, greet newcomers and exchange news. Mark the calendar!

4TF is a community initiative sponsored by
the local Anglican Churches of St Veep & St Winnow

For details contact 01208 873458 or 01208 873621



Mindful Movement

T'ai Chi Qigong

Join us for gentle meditative movement, breathing techniques and relaxation for health & wellbeing.

Easy to follow & joyful to practise.

Relax, restore, rejuvenate

Suitable for everybody, regardless of fitness, health or flexibility.
Can be done standing or seated. Practise barefoot or in flat shoes.

Wednesdays

6.30-7.30pm

Lostwithiel Community Centre,
Oasis Studio, PL22 0HA

Fridays

9.30 - 10.30am

Lerryn Memorial Hall,
PL22 0PT

Drop-in sessions £10 (£8.50 if block-booked)

For info: EquinoxQigong@yahoo.com

Problem Gardens? Help is at hand!

Turn your back for just a few moments and the lawn's turned into a jungle. Brambles, ivy and bracken are rapidly encroaching - we've all been there!

I offer a friendly, all-year-round service to quickly bring everything back under control. I can assist with special one-off projects or do regular gardening work for you.

- grass cutting,
- strimming,
- general weeding, brushwood control, particularly brambles, ivy, bracken
- hedge cutting, branch lopping
- firewood cutting, log stacking
- leaf clearance, composting
- borders and veg patches:- new ones dug out, existing ones maintained

Call me to discuss your requirements.

Charles Morgan 01208 871522

charlesmorgan0504@gmail.com

Lerryn Area Minibus Association APRIL 2024 Calling all Registered Passengers and Members!

Trips leave from Lerryn and Lostwithiel and return at the times below. Essential to book your seat and arrange a pick-up point

Booking/passenger registration/queries tel number 01208 811175

All People living in the area may register. Children travel 1/2 price
NB Please see lerryn.net for full details of LAMA's services

DATE	DESTINATION	TIME	RETURN FARE
Tues 2nd Driver: Chris	Bodmin and supermarkets	Lerryn 9.30 – 12.30	£4.00 adult
		Lostwithiel 9.45 - 12.15	
Tues 9th Driver: Debbie	Bodmin and supermarkets	Lerryn 9.30 – 12.30	£4.00 adult
		Lostwithiel 9.45 - 12.15	
Fri 12th Driver: Annie	Truro	Lerryn 9.30 – 15.45	£6.00 adult
		Lostwithiel 9.45 - 15.30	
Tues 16th Driver: John	Bodmin and supermarkets	Lerryn 9.30 – 12.30	£4.00 adult
		Lostwithiel 9.45 - 12.15	
Thurs 18th Driver: Dez Nick	SPECIAL TRIP Homeleigh Garden Centre, Launceston & Strawberry Fields, Lifton	Lerryn 9.30-16.00	£7.50 adult
		Lostwithiel 9.45-15.45	
Tues 23rd Driver: Kevin	Bodmin and supermarkets	Lerryn 9.30 –12.30	£4.00 adult
		Lostwithiel 9.45-12.15	
Sat 27th Driver: Nick	Par Market/St Austell and super-markets	Lerryn 9.30 –13.30	£4.00 adult
		Lostwithiel 9.45 - 13.15	
Tues 30th Driver: Richard	Bodmin and supermarkets	Lerryn 9.30 –12.30	£4.00 adult
		Lostwithiel 9.45 - 12.15	

BENEFICE DIRECTORY

Rector: Revd Paul Beynon, 3 Springfield Close, Lostwithiel, PL22 0RW 01208 592765
 07896 841802
 Associate Priest: Reverend Sheila Bawden, 01208 871344
 Church Administration Office: Catherine Murphy: email: church_centre@yahoo.co.uk
 St Bartholomew's Church, Church Lane, Lostwithiel PL22 0EG Tel 01208872232
 Office Hours Monday to Wednesday 9.0 a.m. to 12.0 pm.

BOCONNOC		
Churchwardens	Sheila Hanson	01208 873315
	Carolyn Fortescue	01208 872030
PCC Secretary	Pattie Bowen	
PCC Treasurer	Chris Alderman	
ST. BARTHOLOMEW		
Churchwarden	Bernice Gresswell	01208 871344
Churchwarden	Brenda Gilbert	01208 873673
PCC Secretary	Wendy Coop	07732 073184
PCC Treasurer	Roger Smith	01208 592452
Church Hall	st.bartshall@gmail.com	01208 871344
ST. VEEP		
Churchwardens	Charles Morgan	01208 871522
Assistant Churchwardens	Alison Rounsevell Ruth Saberton	01503 220973 07852 939401
PCC Secretary	Penny Philp	01208 873169
PCC Treasurer	Oliver Trevelyan	
ST. WINNOW with St Nectan		
Churchwardens	Nancy Morris	01208 872652
	Dawn Stephens	01208 873647
PCC Secretary	Catherine Murphy	01208 872232
PCC Treasurer	Colin Morris	01208 872652
Robert Pearce	BRADOC	
Churchwardens	Roz Lee	01579 320603
	Robert Pearce	01579 343842
PCC Secretary	Heimke Moll	01208 809495
PCC Treasurer	Kathryn Pearce	01579 343842
ST. BREVITA		
Churchwardens	Tim Turner	01208 872165
	Ellen McConnell	01208 872981
PCC Secretary	Catherine Murphy	01208 872232
PCC Treasurer	Paul Perkins	

For Organist please contact churchwardens